



# Noisy Bodies

<http://ed.ted.com/lessons/why-do-your-knuckles-pop-eleanor-nelsen>

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We all can make sounds with our body. We can sing, hum, clap or stomp. But, what about those noises our bodies make that we feel like we can't control. They can be funny or embarrassing noises. Read on to learn about these sounds.

**1. Why does my stomach growl?** At How Stuff Works <http://bit.ly/1tpRUxL> you'll learn several reasons why your stomach might be making noises.

**2. My brother loves to crack his knuckles. Is it dangerous?** Sometimes when we move a certain way, we hear a 'pop' from our bodies. Click here <http://www.scientificamerican.com/article/what-makes-the-sound-when/> to learn just what this sound is, and whether or not it is truly harmful. You'll learn that it's cause by gasses in your joints.



**3. Where does a sneeze come from?** Check out this link from KidsHeath <http://bitly.com/1FeDZid> to read all about the art of the ahhh...chooo!

**4. What makes us burp?** At Live Science <http://bitly.com/1HXhWAF> you can learn why we burp.

**5. Sometimes I snore when I sleep. Why?** At NBC <http://nbcnews.to/1dvcdYZ> you can learn why you may snore, and what you can do about it.



**6. What, exactly, is a fart?** Here's your answer, from Pediatric Oncall: <http://bit.ly/1LFX2qV>. You'll learn that what you choose to eat or drink affects the bad smells that can come from the digestive process.

## YouTube™ Megan's videos about noisy bodies

Here's a set of hand picked videos from YouTube:

<https://www.youtube.com/playlist?list=PLcBVHzUUEKw157R-kjivyk1btD1FCOoXv>